

## Post 16 / adult dyslexia questionnaire

The following questions are related to different areas of dyslexia, answer yes or no to those that you apply to you. This checklist does not give a diagnosis of dyslexia but gives the assessor a better understanding of strengths and weaknesses.

General ...	Yes	No
Is there a family history of dyslexia?		
Is your spelling poor?		
Are you good at coming up creative solutions to problems?		

Do you ...	Yes	No
... find it difficult telling left from, right?		
... have problems with reading and writing?		
... find timekeeping/management difficult?		
... find map reading or finding your way around confusing?		
... confuse/mix up words when speaking in public?		
... find it difficult to write down messages or phone numbers?		
... confuse the order of the months of the year?		
... mix up dates or miss appointments?		
... have difficulties filling in forms?		
... have problems reading bus/train timetables?		
... find it difficult to count money/change in shops?		
... find it confusing to remember/follow spoken instructions?		
... need reread paragraphs to understand them?		

... have problems reading aloud?		
... have difficulty organising your thoughts on paper?		
... find it difficult to meet deadlines?		
... find it hard to listen and maintain focus?		
... have difficulty concentrating for long periods of time?		